



# TREE FRUITS

**SIMPLY GOOD**



## Elk City School Menu

October 2021

This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
				1
4 <b>Chicken Nuggets</b> <b>PB&amp;J and Cheese Fun Lunch</b> <i>Fresh Orange Wedges</i> <i>Sweet Potato Fries</i> <i>Fresh Broccoli Florets</i> Milk	5 <b>Toasty Cheese Sandwich</b> <b>Muffin, Cheese, &amp; Yogurt Fun Lunch</b> <i>Fresh Red Delicious Apple</i> <i>Sliced Cucumbers</i> <i>Campbell's Tomato Soup</i> Milk	6 <b>Classic Cheeseburger</b> <b>Honey Mustard Turkey Ham &amp; Cheddar W</b> <i>Chilled Peaches</i> <i>Sliced Tomatoes</i> <i>Shredded Lettuce</i> Milk	7 <b>Beef Nachos</b> <b>Turkey and Cheese Pinwheels</b> <i>Cantaloupe</i> <i>Tossed Side Salad</i> <i>Seasoned Refried Beans</i> Milk	8
11 <b>Italian Chicken Parm</b> <b>Chicken Ranch Wrap</b> <i>Fresh Banana</i> <i>Savory Green Beans</i> <i>Fresh Carrots</i> Milk	12 <b>Italian Hoagie</b> <b>Ham &amp; Turkey Chef Salad</b> <i>Fruit Cocktail</i> <i>Fresh Cherry Tomatoes</i> <i>Vegetarian Baked Beans</i> Milk	13 <b>Classic Cheese Pizza</b> <b>PB&amp;J and Cheese Fun Lunch</b> <i>Fresh Red Delicious Apple</i> <i>Spinach &amp; Romaine Salad</i> <i>Fresh Cherry Tomatoes</i> Milk	14 <b>Chicken Fajitas</b> <b>Turkey Hot Dog</b> <i>Fresh Orange Wedges</i> <i>Corn Salad with Ranch</i> <b>Ham &amp; American Cheese Sub</b> Milk	15
18 <b>Egg and Cheddar Chef Salad</b> <b>PB&amp;J and Cheese Fun Lunch</b> <i>Chilled Sliced Pears</i> <i>Tater Tots</i> <i>Fresh Carrots</i> Milk	19 <b>Italian Meat Spaghetti Sauce</b> <b>Muffin, Yogurt &amp; Cheese Fun Lunch</b> <i>Applesauce</i> <i>Spinach &amp; Romaine Salad</i> <i>Red and Green Bell Pepper Strips</i> Milk	20 <b>Grilled Chicken Sandwich</b> <b>Mini Turkey Corn Dogs</b> <i>Fresh Banana</i> <i>Sliced Tomatoes</i> <i>Shredded Lettuce</i> Milk	21 <b>Pepperoni Pizza Pasta Bake</b> <b>Ham, Cheese, and Lettuce Wrap</b> <i>Fresh Orange Wedges</i> <i>Fresh Broccoli Florets</i> Milk	22
25 <b>Crispy Fish Sticks</b> <b>Turkey, Cheese, Lettuce Sub</b> <i>Fresh Banana</i> <i>Oven Baked Potato Wedges</i> Milk	26 <b>Tater Tot Casserole</b> <b>Cereal, Yogurt &amp; Cheese Fun</b> <i>Chilled Sliced Pears</i> <i>Spinach &amp; Romaine Salad</i> Milk	27 <b>Turkey Hot Dog</b> <b>PB&amp;J and Cheese Fun Lunch</b> <i>Honeydew Cubes</i> <i>BBQ Baked Beans</i> Milk	28 <b>Biscuit &amp; Sausage Gravy</b> <b>Ham &amp; Turkey Chef Salad</b> <i>Fresh Orange Wedges</i> <i>Home Fried Potatoes</i> Milk	29

Breakfast: Free to all students Adults \$2.95, Lunch Prices: Free to all students Adults \$5.00

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<https://mountainview.revtrak.net>

