

DRUG TESTING OF STUDENT ATHLETES  
AND  
EXTRA-CURRICULAR ACTIVITY CODE

540

Philosophy

The administration, staff, many students and parents believe a mandatory drug testing program for all students in grades nine through twelve who participate in athletics is important for the following reasons:

1. Health and safety of the individual and others – anyone participating in athletics under the influence of an illegal drug is a potential danger to everyone.
2. Prevention – students will potentially be able to say no to drugs because they will have a legitimate reason: “I want to participate.”
3. Intervention – individuals desiring to participate in activities will be encouraged to seek help if there is a drug problem.

It is the hope of School District Number 244 that this policy will benefit all student athletes. This philosophy is an effort to address what we perceive to be a real problem in our society and in the schools. We believe this program will help create a drug free environment in School District Number 244.

Definitions

Athletic Season:	Athletic seasons begin on the first day of practice allowed by the coach/advisor of that program and end on the last day of that program including travel from an activity to the school.
Student Athlete:	Any student participating in an athletic activity program governed by the Idaho High School Activities Association.
Appropriate School Personnel:	A coach, advisor or leader of student athletes. Notification to these individuals will be made for health and safety considerations if a student athlete in their program has a positive urine sample.
Drug:	Controlled substances as defined by Idaho Code, Section 37-2701, except those possessed and/or used pursuant to a valid prescription.
Reasonable Suspicion:	An act of judgment which leads to a reasonable and prudent belief that a student is in violation of use or being under the influence of drugs.

Policy Statement

Mountain View School District #244 conducts a mandatory drug-testing program for student athletes in grades nine through twelve. Its purpose is threefold: (1) to provide for the health and safety of all student athletes; (2) to undermine the effects of peer pressure by providing a legitimate reason for student athletes to refuse to use illegal drugs or misuse of prescriptive drugs; and (3) to encourage student athletes who use drugs to participate in receiving an assessment from a State certificated substance abuse counselor, of which all costs will be the responsibility of the parent or legal guardian. All student athletes who test positive will have the custodial parent or legal guardian notified so he/she can obtain an assessment from a state certificated substance abuse counselor and follow the recommended program completely. All costs associated with the assessment and the recommended programs are the responsibility of the parent or legal guardian. This policy is in effect from the first day of fall practice and ends after arriving home from the last event in the spring. Students are responsible to abide by the provisions of this policy from the first practice date, as establish by the IHSAA to the end of the athletic season. Seasons and athletic programs may overlap.

## Procedures

Consent: Each student wishing to participate in any athletic program and the student's custodial parent or guardian shall indicate consent by completing and signing, under the seal of a Notary Public, the attached form (Exhibit A) which shall then be valid for the remainder of the student's high school enrollment in a School District Number 244 high school. No student athlete shall be allowed to participate in any athletic program without such consent.

### Student Selection

At the option of Mountain View School District #244, all students in athletics will be drug tested at the beginning of their first activity season each year. In addition, random testing will be conducted weekly during the athletic season. Selection for random testing will be by lottery drawing from a "pool" of all student athletes participating in athletic programs in Mountain View School District #244 at the time of the drawing. The superintendent or his/her designee will conduct lottery drawings. The building principal or his/her designee shall take all reasonable steps to assure the integrity and random nature of the selection process including, but not necessarily limited to: assuring that the names of all participating student athletes are in the pool, assuring that the person drawing names has no way of knowingly choosing, or failing to choose, particular student athletes for the testing, assuring that the identity of student athletes drawn for testing is not known to those involved in the selection process and assuring direct observation of the selection process. Urine will be used for drug testing.

A student may be selected for testing by the building administrator, if he/she feels a student maybe under the influence of drugs. This selection process will be based only on reasonable suspicion.

### Sample Collection

Samples will be collected from the student athlete at the time and day specified by the principal or his/her designee. In the case of a student athlete's inability to provide a sample quickly, the student athlete will remain until a sample can be given. Discretion may be used on the part of the principal or his/her designee if unusual circumstances occur making it difficult to provide a sample. All student athletes providing urine samples will be given the option of doing so in any individual stall with the door closed. Student athletes should rinse off their hands with water prior to giving a urine sample. It is recommended to use the appropriate locker room as a test gathering site.

### Prescription Medication

Student athletes who are taking prescription medication may provide a copy of the prescription or a doctor's verification in a sealed envelope to school personnel at the time a urine sample is prepared for mailing to the testing lab. That envelope will be forwarded, unopened, to the testing lab with the sample and instructions for the lab to consider the student athlete's use of such medication to assure the accuracy of the result. Such information provided by the student athlete will not be disclosed to any school official, unless a parent so chooses. Student athletes who refuse to provide such verification and test positive will be subject to the actions specified below for the appropriate "positive test."

### Scope of Tests

The testing lab will be instructed to test for drugs in the urine sample provided by the student athletes and for anything used to alter or falsify a urine sample.

### Limited Access to Results

The testing lab will be authorized to report results only to the building principal or superintendent. Positive test results will be shared with the parent/guardian and appropriate school personnel.

### Procedures in the Event of a Positive Result

Whenever a student athlete's test result indicates the presence of illegal drugs ("positive test"), the following will occur:

1. The appropriate school personnel will be notified of the positive test so he/she can monitor the health and safety of the participating student athlete that has tested positive. The appropriate school personnel may keep a student athlete from participating for safety reasons until a urine sample is negative.

2. A custodial parent or legal guardian will be given an opportunity to provide proof of any prescriptive medication being taken by the student athlete not previously disclosed; i.e., prescription bottle.
3. Results of the testing lab will be given to the athlete, custodial parent or legal guardian and the appropriate school personnel by the building administrator or his/her designee.

#### First Positive Result

The student athlete will be removed from competition/performance for fourteen calendar days and must sit out a minimum of two competitions/performances. The student athlete must receive an assessment from a state certificated substance abuse counselor and follow the recommendation of the assessment completely. He/she must drug test for six consecutive weeks, which may continue into the next activity. All costs associated with the drug assessment and any follow-up program are the responsibility of the parent/guardian. Student athletes are to attend all practices during the fourteen-day penalty and are to attend all regular season competitions/performances, but must not participate in them. Traveling with the team for competition will be left to the discretion of the head coach. The level and intensity of practices rests with the coach of each athletic activity. The student athlete may also quit the activity in which he/she is participating realizing that the penalties will be applied to the next activity in which he/she participates. A student athlete quitting after a first positive urine sample may try out for another athletic activity only upon agreeing to submit to six consecutive weeks of mandatory drug testing. Any positive urine test during this six weeks will constitute a second positive drug test and the student athlete must abide by the appropriate consequences.

Student athletes testing positive for cocaine, amphetamines and morphine are expected to have negative tests within one week from the initial positive test. According to Comprehensive Toxicology Services, in Tacoma, Washington, continued positive tests are a result of continued or new use of the previously mentioned three substances. A positive test after one week for cocaine, amphetamines and/or morphine will be considered a second positive result. THC, an active chemical in marijuana, will take longer for the body to flush. A student athlete should test negative for THC within three weeks if use is discontinued. Long term heavy marijuana users may take six weeks to clear their systems of THC. At the end of a six-week testing period for THC, if the student is still testing positive, it will be considered the second positive result.

#### Second Positive Result

While enrolled at a Mountain View School District #244 high school; the student athlete will be suspended from participation in activities for the next forty-five calendar days during a school year. The building administrator will begin the forty-five day count as soon as he/she is notified that the urine sample is positive. School holidays and breaks will be included as part of the forty-five days. Consequences for positive results may overlap from one school year to the next. Summer vacations days do not count as penalty days.

#### Third Positive Result

While enrolled at a Mountain View School District #244 high school; the student athlete will be suspended from participation in athletics for the next twelve calendar months. The building administrator will begin the twelve-month count as soon as he/she is notified that the urine sample is positive. Summer vacation days count as penalty days for the third positive result.

#### Fourth Positive Result

While enrolled at a Mountain View School District #244 high school; the student athlete will be suspended from participation in athletics for the remainder of his/her high school career.

#### Nature of Policy

The results of drug tests pursuant to this policy will not be documented in any student athlete's academic records. Information regarding the results of drug tests will not be disclosed to criminal or juvenile authorities absent legal compulsion by valid and binding subpoena or other legal process. Mountain View School District #244 shall not solicit any such process as a result of mandatory drug testing. In the event of service of any such subpoena or legal process, the student and/or the student's custodial parent or legal guardian will be notified before response is made.

by Mountain View School District #244. A record of a positive result(s) will be kept through the student athlete's senior year.

### Voluntary Testing Program

Mountain View School District #244 is truly concerned and committed to helping students who are encountering substance abuse problems. We realize that a student with a drug dependency or use problem is not able to work to his/her potential and stands a greater chance of coming into contact with law enforcement due to increased criminal activity. To assist in the ultimate goal of drug free schools and drug free students, we will provide drug testing to any student whose custodial parent or legal guardian requests the testing be done. The nature of the testing is a urine sample mailed to a testing lab. The testing is provided at cost to parents and any consequences of a positive result rest with the custodial parent or guardian and student. No legal or criminal action will be taken, and no disciplinary action from Mountain View School District #244 will result from the testing. There will not be a record kept. This service is offered solely for the information of the custodial parent or legal guardian, and it is ultimately his/her decision what to do with the information.

### Guidelines and Procedures for Testing

At the beginning of a student athlete's first athletic activity each school year in a Mountain View School District #244 high school, each student who wishes to participate in said athletics will submit a signed (notarized) consent form from his/her parent(s) or legal guardian allowing testing to be done. This only needs to be done once during a student athlete's enrollment in a Mountain View School District #244 high school, unless policy amendments are made. If a student athlete transfers to another school within the boundaries of Mountain View School District #244, all paper work and subsequent penalty information will be forwarded to the new high school of residence. All at the option of Mountain View School District #244, student athletes will submit to a test between the first meeting date and the first date of competition each year.

From the date of the first test until the date of the final completion for said activity, 6% of the total number of participants in the athletic activity will be tested each week. In the event there are fewer than 10 participants in an athletic activity, a minimum of one (1) will be tested each week. Random drawings will select those to be tested.

To assure the anonymity of the student athlete tested from the person randomly selecting, only numbers will be used. The superintendent or his/her designee will conduct lottery number drawings for random drug testing. Only the building principal or his/her designee will know these numbers and corresponding names. The building principal or his/her designee will keep number lists in a secure place where access is limited only to them. All lists will be destroyed at the end of each school year.

After numbers are drawn for a particular week, the student athletes tested will have their number returned to the pool of numbers; this will assure randomness of draw. It is possible that a student athlete could be randomly drawn several times during the season, or likewise, not drawn at all.

### Falsification of a Urine Sample

A pure urine sample is required from the student athlete upon request. Any attempt to falsify, dilute or otherwise contaminate a urine sample will result in removal from all athletics sponsored by Mountain View School District #244 as specified by the second positive result penalty. If a student athlete has adulterated a urine sample and has already had a second positive test, the appropriate discipline would fall under the third positive test penalty, and so on.

ADOPTED: 6/15/98

REVISED: 7/19/99

REVISED: 4/17/00

Revised/Adopted: 8/20/07

## EXTRA-CURRICULAR ACTIVITY CODE

**PHILOSOPHY AND OBJECTIVES:** The extra-curricular program is an integral part of the educational program offered by the District's high schools. Because extra-curricular activities provide an educational opportunity in the total education of students and may provide motivational links to school success, activity students and coaches/advisors will strive to meet the following, but not limited to, objectives:

- practice good sportsmanship and citizenship through competition
- develop a high degree of individual and team skills
- practice good health and safety habits
- practice physical, intellectual, and artistic development
- represent the team, the school, and the community in a positive manner
- instill and promote a strong feeling of responsibility and loyalty to others
- develop self-discipline
- teach courtesy and respect

School authorities strive to maintain a healthy atmosphere in all activities and model the above objectives to activity participants.

**DEFINITION:** Extra-curricular activities are those which are an extension of the school day. Participation in these activities is not a property right but is a PRIVILEGE. Extra-curricular activities may include, but are not limited to, drama, A.S.B. officers, athletics, cheerleading, youth legislature, academic bowl and any sport/organization under the auspices of the Activities Department when course credit is not involved.

**POLICY:** Mountain View School District #244 high schools will not condone the illegal possession and/or use of tobacco, alcohol or other drugs (activity students on a prescribed drug or medication should have their parent/guardian notify the coach/advisor in writing for the safety of the activity student) by any activity student in an extra-curricular activity. Should any member of the school's administration, faculty, or coaching staff witness or have reasonable suspicion or have evidence of an activity student making use of, being in possession of, or being under the influence of any of the following listed substances or acts, that activity student will be informed of the nature of the infraction and potential penalties. Reasonable steps will be taken to notify the activity student's parents or guardian. The activity student will be given an opportunity to admit or deny that an infraction of this policy has occurred. An appeal process will be conducted when requested. Suspension from participation will be in effect during any appeal process. This policy is in effect from the first day of the fall activity practices and ends after arriving home from the last event in the spring. Students are responsible to abide by the provisions of this policy from the first practice date, as established by the IHSAA or by the advisor if the activity is not governed by the IHSAA, to the end of the activity/event. Seasons and activities may overlap.

Consequences may overlap from one school year to the next. Summer vacation days do not count as penalty days. Penalties will be assessed according to the following procedure:

### First possession of or use of alcohol or other drugs.

The activity student will be removed from competition/performance for fourteen (14) calendar days and must sit out a minimum of two (2) competitions/performances. The activity student must receive an assessment from a state certificated substance abuse counselor and follow the recommendations of the assessment completely. All costs associated with the substance assessment and any follow-up programs are the responsibility of the parent/guardian. Activity students are to attend all practices during the fourteen-day penalty and are to attend all regular season competition/performances at the discretion of the coach, but must not participate in them. The level and intensity of the student's participation in of practices rests with the coach/advisor of each activity. The activity student may also quit the activity in which he/she is participating realizing that the penalties will be applied to the next activity in which he/she chooses to participate.

### First possession of or use of tobacco; a conviction of a misdemeanor of a law or ordinance with the exceptions of minor traffic and minor fish & game infractions

The activity student will be removed from competition/performance for fourteen (14) calendar days and must sit out a minimum of two (2) competitions/performances. Activity students are to attend all practices during the fourteen-day penalty and are to attend all regular season competitions/performances at the discretion of the coach, but must not participate in them. The level and intensity of student's participation in practices rests with the coach/advisor of

each activity. The activity student may also quit the activity in which he/she is participating realizing that the penalties will be applied to the next activity in which he/she chooses to participate.

Second possession of or use of tobacco, alcohol or other drugs; second conviction of a misdemeanor (as described earlier); a conviction of a felony

An activity student will be suspended from participation in activities for the next forty-five (45) calendar days during a school year. The activity student may also quit the activity in which he/she is participating realizing that the penalties will be applied to the next activity in which he/she chooses to participate.

Third possession of or use of tobacco, alcohol or other drugs; third conviction of a misdemeanor (as described earlier); second conviction of a felony

An activity student will be suspended from participation in activities for the next twelve calendar months. The building administrator will begin the twelve-month count as soon as he/she is notified of the infraction. Summer vacation days count as penalty days for the third infraction.

Fourth possession of or use of tobacco, alcohol or other drugs; fourth conviction of a misdemeanor (as described earlier); third conviction of a felony

An activity student will be suspended from participation in activities for the remainder of his/her high school career.

The use of profane or obscene language and gestures

An activity student accused of using profane or obscene language and/or gestures will be dealt with by the coach/advisor, principal or the athletic director. The activity student may also quit the activity in which he/she is participating realizing that the penalties will be applied to the next activity in which he/she chooses to participate.

Other

In addition to the penalties specified, it shall be within the discretion of the principal, athletic director, and coaches/advisors to determine whether or not a participant will be eligible for continued participation, awards or honors after a conduct that tends to bring discredit to the activity student's high school, or is a violation of a stated school/coach policy or procedure that has been approved by the superintendent, principal and athletic director. The activity student may also quit the activity in which he/she is participating realizing that any penalties may be applied to the next activity in which he/she chooses to participate.

Written permission from a doctor and from a parent/guardian will be required of pregnant or physically impaired activity students.

As is the case with all students who attend a Mountain View School District #244 high school, activity students who are found to be in violation of these policies will be held accountable to school authorities and will be subject to the same sanctions imposed on all members of the student body for such violations.

## **ELIGIBILITY**

The Idaho High School Activities Association has established eligibility criteria for non-traditional high school aged people to participate in activities which they sponsor. Non-traditional high school aged people may take a nationally normed achievement test and score in the average/proficient range or higher for the appropriate grade level. Non-traditional high school aged people can also establish academic eligibility by demonstrating composite grade-level proficiency on any state board of education recognized test, portfolio, or other mechanism as provided for in the state board of education rules. Portfolios are to include many examples of work for multiple subjects that must include math, science, language arts and reading. The building administrator will establish a review committee to assist in evaluating the portfolio. Approval or rejection of the portfolio will be determined in the committee under the direction of the building administrator.

NOTE: Activity Student and Parent/Guardian: retain this policy.

ADOPTED: 8/16/99.

REVISED: 2/22//00,  
REVISED:2/21/06  
Revised/Adopted: 8/20/07

**MOUNTAIN VIEW SCHOOL DISTRICT #244  
EXHIBIT "A" STUDENT-PARENT/GUARDIAN  
DRUG TESTING AND ACTIVITY CODE CONSENT FORM**

This form need not be signed every year, but after the first form is completed, it will be in effect for the student's entire enrollment in a Mountain View School District #244 high school. Future policy amendments will require parent/guardian notification and the appropriate signatures on a new notarized consent form.

I understand that my performance as a participant and the reputation of my school are dependent, in part, on my conduct as an individual. I hereby agree to accept and abide by the standards, rules, and regulations set forth by Mountain View School District #244 Board of Trustees and the sponsors for the activity in which I participate.

I authorize Grangeville High School, or Clearwater Valley High School to conduct tests on urine specimens and/or saliva sample, which I provide, to test for drugs and alcohol use. I also authorize the release of information concerning the results of such a test to the principal at Grangeville High School, or Clearwater Valley High School, appropriate school personnel and to my parent or guardian.

This shall be deemed consent pursuant to the Family Education Right to Privacy Act for the release of above information to the parties named above.

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**Student Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**ACKNOWLEDGEMENT CERTIFICATE**

(INDIVIDUAL PERSONALLY KNOWN BY NOTARY)

State of Idaho \_\_\_\_\_ ) S.S.

County of \_\_\_\_\_ )

On this \_\_\_\_\_ day of \_\_\_\_\_, in the year of \_\_\_\_\_,

Before me \_\_\_\_\_, personally known to me to be the person(s) whose name(s) is (are) subscribed to the within instrument, and acknowledged to me that he/she (they) executed the same.

IN WITNESS WHEREOF, I have hereunto set my hand and affixed my official seal, and the day and year in this certificate first above written.

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Notary Public for Idaho  
Residing at \_\_\_\_\_  
My Commission Expires: \_\_\_\_\_

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**Parent/Guardian Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**ACKNOWLEDGEMENT CERTIFICATE**

(INDIVIDUAL PERSONALLY KNOWN BY NOTARY)

State of Idaho \_\_\_\_\_ ) S.S.

County of \_\_\_\_\_ )

On this \_\_\_\_\_ day of \_\_\_\_\_, in the year of \_\_\_\_\_,

Before me \_\_\_\_\_, personally known to me to be the person(s) whose name(s) is (are) subscribed to the within instrument, and acknowledged to me that he/she (they) executed the same.

IN WITNESS WHEREOF, I have hereunto set my hand and affixed my official seal, and the day and year in this certificate first above written.

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Notary Public for Idaho  
Residing at \_\_\_\_\_  
My Commission Expires: \_\_\_\_\_